

## MONDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Beef casserole or  
Fishcakes  
Served with seasonal vegetables &  
Choice of potatoes  
\*  
Rice pudding  
Selection of yoghurts

### **EVENING MEAL**

Jacket potato with tuna and coleslaw or  
Or Freshly prepared sandwiches  
\*  
Malt loaf

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.  
Please speak to a member of staff for further details**

Full allergen details available upon request

## TUESDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Cumberland sausage in onion gravy  
Or Chicken tikka masala  
Served with seasonal vegetables & choice of potatoes  
\*  
Ginger cake & custard  
Or fruit

### **EVENING MEAL**

Homemade leek and potato soup & roll  
or  
Freshly prepared sandwiches  
\*  
Homemade biscuits

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.  
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Full allergen details available upon request

## WEDNESDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Minted lamb  
Or Egg & tomato flan  
Served with seasonal vegetables and choice of potatoes.  
\*

Bread pudding & custard  
Or Yogurts

### **EVENING MEAL**

Corned beef hash or  
Freshly prepared sandwiches  
\*  
Mandarin jelly and cream

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

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## THURSDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Chicken chasseur or  
Mild chilli con carne  
Served with choice of potatoes & seasonal vegetables  
Semolina\*  
Or fresh fruit

### **EVENING MEAL**

Homemade pea & ham soup or  
Freshly prepared sandwiches  
\*  
Victoria sponge

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

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Full allergen details available upon request

## FRIDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Fresh poached cod or  
Deep-fried battered cod  
Served with deep-fried chipped potatoes  
& Mushy peas  
\*  
Fruit crumble & custard  
Or Yogurts

### **EVENING MEAL**

Cauliflower cheese or  
Selection of freshly prepared sandwiches  
\*  
Banana mouse

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

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Full allergen details available upon request

## SATURDAY

### **BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

### **LUNCH**

Cottage & lentil pie  
Or scampi  
Choice of potatoes & seasonal vegetables  
\*  
Pineapple upside-down pudding & custard  
Or Fruit

### **EVENING MEAL**

Beans and cheese on toast or  
Freshly prepared sandwiches  
\*  
Cheesecake

### **SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.  
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Full allergen details available upon request



**SUNDAY**

**BREAKFAST**

Fresh fruit juice  
Fresh grapefruit  
Choice of Cereals/Porridge  
Wholemeal & white toast served with butter,  
Fruit jam or marmalade  
Prunes  
Cooked choice  
Tea or Coffee

**LUNCH**

Roast Pork & Yorkshire pudding  
Served with seasonal vegetables,  
Roast and creamed potatoes &  
Homemade Yorkshire pudding

\*

Gateaux and cream  
Or Yogurt

**EVENING MEAL**

Buffet Tea including a  
Selection of freshly prepared sandwiches  
Crisps  
Variety of filled vol au-vonts

\*

Fruit Trifle  
Assorted homemade cakes

**SUPPER**

Selection of home made cakes, scones  
& Biscuits  
Tea, coffee, hot chocolate and horlicks

**A vegetarian option is available at all times.  
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Full allergen details available upon request