

A vegetarian option is available at all times.

Please speak to a member of staff for further details

TUESDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

LUNCH

Homemade meatballs in tomato sauce or Pork casserole Served with seasonal vegetables & choice of potatoes Homemade-spiced ginger cake served with custard Or Fruit

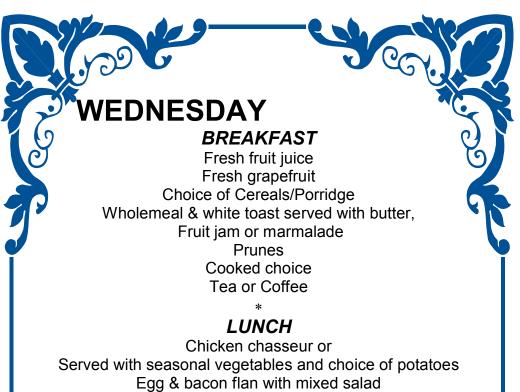
EVENING MEAL

Homemade tomato soup & roll or Assortment of freshly prepared sandwiches Assorted Scones or Homemade biscuits

SUPPER

Selection of home made cakes, scones & Biscuits Tea, coffee, hot chocolate and horlicks

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Fresh fruit salad Or banana & custard

EVENING MEAL

Sausage rolls & spaghetti Or Spaghetti on white or wholemeal toast Crème caramel Ice cream and sauce

SUPPER

Selection of home made cakes, scones & biscuits Tea, coffee, hot chocolate and horlicks

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THURSDAY

BREAKFAST

Fresh fruit juice Fresh grapefruit Choice of Cereals/Porridge Wholemeal & white toast served with butter. Fruit jam or marmalade Prunes Cooked choice Tea or Coffee

LUNCH

Diced minted lamb Served with choice of potatoes & seasonal vegetables Or Prawn salad Jam & coconut sponge & custard Fresh Fruit

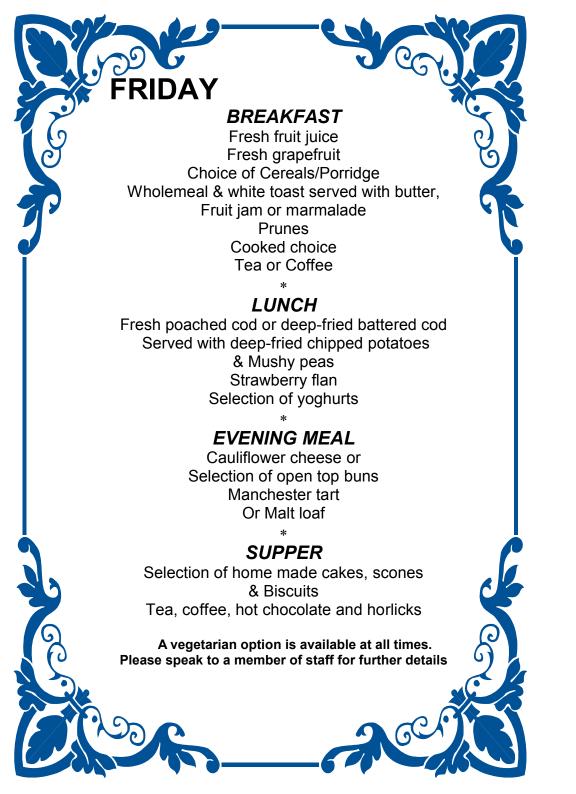
EVENING MEAL

Poached eggs on waffles or Assortment of freshly prepared sandwiches Madeline's and cream Or homemade biscuits

SUPPER

Selection of home made cakes, scones & Biscuits Tea, coffee, hot chocolate and horlicks

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SATURDAY

BREAKFAST

Fresh fruit juice
Fresh grapefruit
Choice of Cereals/Porridge
Wholemeal & white toast served with butter,
Fruit jam or marmalade
Prunes
Cooked choice
Tea or Coffee

LUNCH

Mince & onion pie or Scampi served with Choice of potatoes & seasonal vegetables Pineapple upside-down cake & custard Fresh fruit

EVENING MEAL

Cornbeef, hashbrowns and beetroot or Freshly prepared sandwiches Fruit pie Fresh fruit & cream

SUPPER

Selection of home made cakes, scones & Biscuits Tea, coffee, hot chocolate and horlicks

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